



TRL Lang Wölmisse Jena

Jena / 18.08.2018

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Pasda, Paul

□□: USV Jena

□□□: 46:40

□□□□: 6:28 min/km

□□: 7.20 km / 15 □□

□□□□:

H19

□□□□□: 1(of 5)

□□□□□□: 46:40

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	□□	-	-	%	□□	-	-	%
1 (84)	3:27	1	-	-	3:27	1	-	-
2 (87)	3:44	2	0:41	22.4	7:11	2	0:41	10.5
3 (83)	1:57	2	0:02	1.7	9:08	2	0:43	8.5
4 (81)	0:57	2	0:03	5.6	10:05	2	0:46	8.2
5 (90)	7:31	1	-	-	17:36	2	0:05	0.5
6 (91)	1:45	2	0:08	8.3	19:21	2	0:13	1.1
7 (88)	2:22	1	-	-	21:43	1	-	-
8 (96)	8:03	2	0:45	10.3	29:46	1	-	-
9 (93)	3:12	2	0:11	6.1	32:58	1	-	-
10 (92)	2:33	2	0:11	7.8	35:31	1	-	-
11 (72)	2:03	1	-	-	37:34	1	-	-
12 (94)	2:48	2	0:17	11.3	40:22	1	-	-
13 (95)	2:51	2	0:22	14.8	43:13	1	-	-
14 (78)	2:10	1	-	-	45:23	1	-	-
15 (100)	1:00	2	0:03	5.3	46:23	1	-	-
□□	0:17	2	0:01	6.3	46:40	1	-	-