



□□□□

Rehner, Klaus

□□: SV Handwerk Erfurt

□□□: 1:09:28

□□□□: 10:22 min/km

□□: 6.70 km / 12 □□

□□□□:

H35

□□□□□: 3(of 5)

□□□□□□□: 55:21

□□: 14:07

□□□□

□□	□□	□□	□□	□□	□□□	□□	□□	□□
	□□	-	-	%	□□	-	-	%
1 (81)	2:58	2	0:08	4.7	2:58	2	0:08	4.7
2 (97)	4:09	5	2:10	109.2	7:07	5	1:34	28.2
3 (94)	5:46	5	2:35	81.2	12:53	5	4:09	47.5
4 (93)	2:32	3	0:47	44.8	15:25	5	3:52	33.5
5 (88)	23:37	4	10:49	84.5	39:02	5	14:41	60.3
6 (91)	2:36	1	-	-	41:38	4	14:00	50.7
7 (90)	2:06	1	-	-	43:44	4	12:31	40.1
8 (72)	15:28	3	0:36	4.0	59:12	3	13:07	28.5
9 (92)	2:52	3	0:35	25.6	1:02:04	3	13:38	28.2
10 (71)	2:41	2	0:09	5.9	1:04:45	3	13:47	27.0
11 (78)	3:03	2	0:16	9.6	1:07:48	3	14:03	26.1
12 (100)	1:19	2	0:03	4.0	1:09:07	3	14:06	25.6
□□	0:21	2	0:01	5.0	1:09:28	3	14:07	25.5