



# TRL Lang Wölmisse Jena

Jena / 18.08.2018

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Gerlach, Karl-Eberhard

□□: USV Jena

□□□: 1:05:24

□□□□: 12:34 min/km

□□: 5.20 km / 11 □□

□□□□:

H55

□□□□□: 3(of 5)

□□□□□□: 50:06

□□: 15:18

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (73)	2:35	2	0:02	1.3	2:35	2	0:02	1.3
2 (84)	2:44	2	0:02	1.2	5:19	2	0:04	1.3
3 (87)	3:57	2	0:36	17.9	9:16	2	0:40	7.8
4 (88)	7:01	1	-	-	16:17	1	-	-
5 (96)	19:24	4	8:14	73.7	35:41	2	6:08	20.8
6 (93)	4:35	2	0:26	10.4	40:16	2	6:34	19.5
7 (97)	7:39	3	2:51	59.4	47:55	3	9:25	24.5
8 (81)	2:22	2	0:38	36.5	50:17	3	10:03	25.0
9 (80)	2:38	4	0:51	47.7	52:55	3	10:54	25.9
10 (72)	8:34	5	3:46	78.5	1:01:29	3	14:21	30.5
11 (100)	3:23	3	0:57	39.0	1:04:52	3	15:09	30.5
□□	0:32	3	0:14	77.8	1:05:24	3	15:18	30.5