



# TRL Lang Wölmisse Jena

Jena / 18.08.2018

□□□□

Götz, Max

□□: USV Jena

□□□: 40:33

□□□□: 16:13 min/km

□□: 2.50 km / 11 □□

□□□□:

DIRM

□□□□□: 3(of 5)

□□□□□□□: 34:09

□□: 6:24

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (82)	7:36	5	5:19	232.9	7:36	5	5:19	232.9
2 (83)	2:29	1	-	-	10:05	5	4:31	81.1
3 (81)	2:17	3	0:25	22.3	12:22	5	4:56	66.4
4 (97)	4:38	4	2:35	126.0	17:00	4	6:36	63.5
5 (84)	1:21	3	0:25	44.6	18:21	4	7:01	61.9
6 (94)	5:48	1	-	-	24:09	4	5:45	31.3
7 (71)	3:40	2	1:09	45.7	27:49	3	6:54	33.0
8 (92)	3:21	2	0:39	24.1	31:10	3	6:25	25.9
9 (77)	4:51	1	-	-	36:01	3	6:06	20.4
10 (78)	1:56	1	-	-	37:57	3	6:02	18.9
11 (100)	2:08	3	0:14	12.3	40:05	3	6:16	18.5
□□	0:28	3	0:08	40.0	40:33	3	6:24	18.7