3Türmelauf Bad Langensalza / 22.04.2018



HüHN, Carolin

□□: Jena
□□: 85

□□: 12.50 km 12,5 km -Lauf

Frauen (20-29 Jahre)

□□□: 1:09:35

□□: 10.35 km/h

□□□: 5:34 min/km

_____: 156 (of 267)

____/_: 27 (of 71)

[][][]: 55:52

□□□□: 5(of 10)

____: 1:01:29

	km		min/km	-	-			km		min/km	-	-		
1	0.50	3:01	6:01	8	0:51	54	1:03	0.50	3:01	6:01	8	0:51	54	1:03
□□ 2	9.00	44:57	4:59	4	4:53	19	7:21	9.50	47:58	5:02	4	5:44	24	8:21
□□□ Ziel	3.00	21:37	7:12	5	2:22	39	5:22	12.50	1:09:35	5:33	5	8:06	27	13:43