



# 7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

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000: 1:11:07

00: 311

00: 25.55 km

Jedermann-Triathlon Sprint (0,55-20,0-5,0)

00000/000: 9 (of 76)

00000/0: 9 (of 54)

000000: 1:03:41

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Senioren 2 MK45

00000: 1(of 3)

0000000: 1:11:07

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.55	13:18	24:10	2	1:49	35	3:59	0.55	13:18	24:10	4	1:49	36	3:59
Wechsel S -> R	-	2:15	-	2	0:08	20	0:47	0.55	15:33	28:16	4	1:57	25	4:34
Schwimmen 000	0.55	15:33	28:16	4	1:57	25	4:34	0.55	15:33	28:16	4	1:57	25	4:34
Rad netto	20.00	30:58	1:32	1	-	1	-	20.55	46:31	2:15	1	-	54	2:48
Wechsel R -> L	-	1:28	-	1	-	20	0:33	20.55	47:59	2:20	1	-	54	3:16
Rad 000	20.00	32:26	1:37	1	-	1	-	20.55	47:59	2:20	1	-	54	3:16
Lauf	5.00	23:08	4:37	1	-	14	4:10	25.55	1:11:07	2:47	1	-	9	7:26