



# 7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 2:13:53

00: TSV Mörlen

00: 186

00: 37.25 km

Power-Distanz (0,75-29,0-7,5)

00000/000: 33 (of 33)

00000/0: 8 (of 8)

000000: 1:47:43

0000:

Seniorinnen 1 WK40

00000: 3(of 3)

0000000: 1:52:33

0000

0000

000

| 000            | 00    | 00      | 00     | 00 | 00   | 00 | 00    | 000   | 000     | 000    | 00 | 00    | 00 | 00    |
|----------------|-------|---------|--------|----|------|----|-------|-------|---------|--------|----|-------|----|-------|
|                | km    | 00      | min/km | -  | -    | 0  | 0     | km    | 00      | min/km | -  | -     | 0  | 0     |
| Schwimmen nett | 0.75  | 18:48   | 25:03  | 3  | 3:25 | 8  | 5:11  | 0.75  | 18:48   | 25:03  | 3  | 3:25  | 8  | 5:11  |
| Wechsel S -> R | -     | 3:14    | -      | 3  | 1:18 | 7  | 1:21  | 0.75  | 22:02   | 29:22  | 3  | 4:22  | 8  | 6:32  |
| Schwimmen 000  | 0.75  | 22:02   | 29:22  | 3  | 4:22 | 8  | 6:32  | 0.75  | 22:02   | 29:22  | 3  | 4:22  | 8  | 6:32  |
| Rad netto      | 29.00 | 59:55   | 2:03   | 3  | 6:18 | 8  | 6:36  | 29.75 | 1:21:57 | 2:45   | 3  | 10:40 | 8  | 12:41 |
| Wechsel R -> L | -     | 2:46    | -      | 3  | 1:49 | 8  | 1:49  | 29.75 | 1:24:43 | 2:50   | 3  | 11:54 | 8  | 14:19 |
| Rad 000        | 29.00 | 1:02:41 | 2:09   | 3  | 7:32 | 8  | 8:01  | 29.75 | 1:24:43 | 2:50   | 3  | 11:54 | 8  | 14:19 |
| Lauf           | 7.50  | 49:10   | 6:33   | 3  | 9:26 | 8  | 13:14 | 37.25 | 2:13:53 | 3:35   | 3  | 21:20 | 8  | 26:10 |