



# 7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 1:47:39

00: Darmstadt

00: 226

00: 25.55 km

Jedermann-Triathlon Sprint (0,55-20,0-5,0)

00000/000: 67 (of 76)

00000/0: 47 (of 54)

000000: 1:03:41

0000:

Männer AK2

00000: 5(of 5)

0000000: 1:10:45

0000

0000

000

| 000            | 00    | 00      | 00     | 00 | 00    | 00 | 00    | 000   | 000     | 000    | 00 | 00    | 00 | 00    |
|----------------|-------|---------|--------|----|-------|----|-------|-------|---------|--------|----|-------|----|-------|
|                | km    | 00      | min/km | -  | -     | 0  | 0     | km    | 00      | min/km | -  | -     | 0  | 0     |
| Schwimmen nett | 0.55  | 12:24   | 22:32  | 4  | 2:34  | 25 | 3:05  | 0.55  | 12:24   | 22:32  | 6  | 2:34  | 55 | 3:05  |
| Wechsel S -> R | -     | 2:13    | -      | 4  | 0:33  | 19 | 0:45  | 0.55  | 14:37   | 26:34  | 6  | 2:53  | 55 | 3:38  |
| Schwimmen 000  | 0.55  | 14:37   | 26:34  | 6  | 2:53  | 55 | 3:38  | 0.55  | 14:37   | 26:34  | 6  | 2:53  | 55 | 3:38  |
| Rad netto      | 20.00 | 1:00:56 | 3:02   | 5  | 25:37 | 52 | 29:58 | 20.55 | 1:15:33 | 3:40   | 6  | 28:27 | 50 | 31:50 |
| Wechsel R -> L | -     | 1:32    | -      | 5  | 0:37  | 23 | 0:37  | 20.55 | 1:17:05 | 3:45   | 5  | 28:54 | 50 | 32:22 |
| Rad 000        | 20.00 | 1:02:28 | 3:07   | 5  | 26:14 | 52 | 30:02 | 20.55 | 1:17:05 | 3:45   | 5  | 28:54 | 50 | 32:22 |
| Lauf           | 5.00  | 30:34   | 6:06   | 5  | 8:07  | 34 | 11:36 | 25.55 | 1:47:39 | 4:12   | 5  | 36:54 | 47 | 43:58 |