



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 1:47:39

00: Darmstadt

00: 226

00: 25.55 km

Jedermann-Triathlon Sprint (0,55-20,0-5,0)

00000/000: 67 (of 76)

00000/0: 47 (of 54)

000000: 1:03:41

0000:

Männer AK2

00000: 5(of 5)

0000000: 1:10:45

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.55	12:24	22:32	4	2:34	25	3:05	0.55	12:24	22:32	6	2:34	55	3:05
Wechsel S -> R	-	2:13	-	4	0:33	19	0:45	0.55	14:37	26:34	6	2:53	55	3:38
Schwimmen 000	0.55	14:37	26:34	6	2:53	55	3:38	0.55	14:37	26:34	6	2:53	55	3:38
Rad netto	20.00	1:00:56	3:02	5	25:37	52	29:58	20.55	1:15:33	3:40	6	28:27	50	31:50
Wechsel R -> L	-	1:32	-	5	0:37	23	0:37	20.55	1:17:05	3:45	5	28:54	50	32:22
Rad 000	20.00	1:02:28	3:07	5	26:14	52	30:02	20.55	1:17:05	3:45	5	28:54	50	32:22
Lauf	5.00	30:34	6:06	5	8:07	34	11:36	25.55	1:47:39	4:12	5	36:54	47	43:58