



# 7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 1:52:43

00: Friedrichsdorf

00: 257

00: 25.55 km

Jedermann-Triathlon Sprint (0,55-20,0-5,0)

0000:

Senioren 3 MK50

00000/000: 71 (of 76)

00000/0: 50 (of 54)

000000: 1:03:41

00000: 8(of 9)

0000000: 1:05:46

0000

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.55	23:57	43:32	9	13:48	54	14:38	0.55	23:57	43:32	10	13:48	55	14:38
Wechsel S -> R	-	3:53	-	7	2:10	38	2:25	0.55	27:50	50:36	10	15:58	55	16:51
Schwimmen 000	0.55	27:50	50:36	10	15:58	55	16:51	0.55	27:50	50:36	10	15:58	55	16:51
Rad netto	20.00	49:19	2:27	7	16:52	47	18:21	20.55	1:17:09	3:45	9	32:50	52	33:26
Wechsel R -> L	-	1:43	-	3	0:38	33	0:48	20.55	1:18:52	3:50	9	33:28	51	34:09
Rad 000	20.00	51:02	2:33	7	17:30	46	18:36	20.55	1:18:52	3:50	9	33:28	51	34:09
Lauf	5.00	33:51	6:46	7	13:29	43	14:53	25.55	1:52:43	4:24	8	46:57	50	49:02