



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 1:03:41

00: #Allsparks

00: 224

00: 25.55 km

Jedermann-Triathlon Sprint (0,55-20,0-5,0)

00000/000: 1 (of 76)

00000/0: 1 (of 54)

000000: 1:03:41

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Männer AK1

00000: 1(of 5)

0000000: 1:03:41

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.55	9:37	17:29	1	-	2	0:18	0.55	9:37	17:29	1	-	55	0:18
Wechsel S -> R	-	1:28	-	1	-	1	-	0.55	11:05	20:09	1	-	55	0:06
Schwimmen 000	0.55	11:05	20:09	1	-	55	0:06	0.55	11:05	20:09	1	-	55	0:06
Rad netto	20.00	32:38	1:37	1	-	3	1:40	20.55	43:43	2:07	1	-	1	-
Wechsel R -> L	-	1:00	-	2	0:04	6	0:05	20.55	44:43	2:10	1	-	1	-
Rad 000	20.00	33:38	1:40	1	-	3	1:12	20.55	44:43	2:10	1	-	1	-
Lauf	5.00	18:58	3:47	1	-	1	-	25.55	1:03:41	2:29	1	-	1	-