



# 7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 3:09:59

00: Rödermark

00: 12

00: 49.25 km

Olympische Distanz (1,25-38.0-10,0)

00000/000: 42 (of 43)

00000/0: 37 (of 38)

000000: 2:09:34

0000:

Senioren 1 MK40

00000: 6(of 6)

0000000: 2:13:25

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	26:04	20:51	4	2:26	21	15:35	1.25	26:04	20:51	4	2:26	21	15:35
Wechsel S -> R	-	2:42	-	6	0:57	27	1:14	1.25	28:46	23:00	4	3:23	20	10:19
Schwimmen 000	1.25	28:46	23:00	4	3:23	20	10:19	1.25	28:46	23:00	4	3:23	20	10:19
Rad netto	38.00	1:16:16	2:00	6	13:14	35	14:22	39.25	1:45:02	2:40	5	15:38	33	21:44
Wechsel R -> L	-	3:39	-	6	2:26	37	2:37	39.25	1:48:41	2:46	6	18:04	34	24:04
Rad 000	38.00	1:19:55	2:06	6	15:40	36	16:57	39.25	1:48:41	2:46	6	18:04	34	24:04
Lauf	10.00	1:21:18	8:07	6	38:30	37	38:52	49.25	3:09:59	3:51	6	56:34	37	1:00:25