



# 7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 2:02:25

00: Büdingen

00: 246

00: 25.55 km

Jedermann-Triathlon Sprint (0,55-20,0-5,0)

00000/000: 75 (of 76)

00000/0: 53 (of 54)

000000: 1:03:41

0000:

Senioren 1 MK40

00000: 8(of 8)

0000000: 1:07:51

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.55	13:22	24:18	5	3:39	37	4:03	0.55	13:22	24:18	5	3:39	55	4:03
Wechsel S -> R	-	6:47	-	8	4:48	53	5:19	0.55	20:09	36:38	7	8:25	55	9:10
Schwimmen 000	0.55	20:09	36:38	7	8:25	55	9:10	0.55	20:09	36:38	7	8:25	55	9:10
Rad netto	20.00	1:01:50	3:05	8	28:07	53	30:52	20.55	1:21:59	3:59	8	36:32	53	38:16
Wechsel R -> L	-	2:16	-	7	1:05	44	1:21	20.55	1:24:15	4:05	8	37:37	53	39:32
Rad 000	20.00	1:04:06	3:12	8	29:12	53	31:40	20.55	1:24:15	4:05	8	37:37	53	39:32
Lauf	5.00	38:10	7:37	7	16:57	49	19:12	25.55	2:02:25	4:47	8	54:34	53	58:44