



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 1:33:48

00: Find your Animal

00: 324

00: 25.55 km

Staffeltriathlon Sprint (0,55-20,0-5,0)

00000/000: 4 (of 5)

00000/000: 4 (of 5)

000000: 1:09:18

0000:

Staffel

00000: 4(of 5)

0000000: 1:09:18

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 000	00 000	000	000	000	00 -	00 -	00 000	00 000
Schwimmen nett	0.55	13:56	25:19	4	5:56	4	5:56	0.55	13:56	25:19	4	5:56	4	5:56
Wechsel S -> R	-	1:47	-	5	0:30	5	0:30	0.55	15:43	28:34	5	6:26	5	6:26
Schwimmen 000	0.55	15:43	28:34	5	6:26	5	6:26	0.55	15:43	28:34	5	6:26	5	6:26
Rad netto	20.00	50:29	2:31	5	15:31	5	15:31	20.55	1:06:12	3:13	5	21:57	5	21:57
Wechsel R -> L	-	1:05	-	5	0:21	5	0:21	20.55	1:07:17	3:16	5	22:09	5	22:09
Rad 000	20.00	51:34	2:34	5	15:43	5	15:43	20.55	1:07:17	3:16	5	22:09	5	22:09
Lauf	5.00	26:31	5:18	3	3:34	3	3:34	25.55	1:33:48	3:40	4	24:30	4	24:30