



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 1:33:48

00: Find your Animal

00: 324

00: 25.55 km

Staffeltriathlon Sprint (0,55-20,0-5,0)

00000/000: 4 (of 5)

00000/000: 4 (of 5)

000000: 1:09:18

0000:

Staffel

00000: 4(of 5)

0000000: 1:09:18

0000

0000

000

| 000 | 00 km | 00 00 | 00 min/km | 00 - | 00 - | 00 000 | 00 000 | 000 | 000 | 000 | 00 - | 00 - | 00 000 | 00 000 |
|----------------|----------|----------|--------------|---------|---------|-----------|-----------|-------|---------|-------|---------|---------|-----------|-----------|
| Schwimmen nett | 0.55 | 13:56 | 25:19 | 4 | 5:56 | 4 | 5:56 | 0.55 | 13:56 | 25:19 | 4 | 5:56 | 4 | 5:56 |
| Wechsel S -> R | - | 1:47 | - | 5 | 0:30 | 5 | 0:30 | 0.55 | 15:43 | 28:34 | 5 | 6:26 | 5 | 6:26 |
| Schwimmen 000 | 0.55 | 15:43 | 28:34 | 5 | 6:26 | 5 | 6:26 | 0.55 | 15:43 | 28:34 | 5 | 6:26 | 5 | 6:26 |
| Rad netto | 20.00 | 50:29 | 2:31 | 5 | 15:31 | 5 | 15:31 | 20.55 | 1:06:12 | 3:13 | 5 | 21:57 | 5 | 21:57 |
| Wechsel R -> L | - | 1:05 | - | 5 | 0:21 | 5 | 0:21 | 20.55 | 1:07:17 | 3:16 | 5 | 22:09 | 5 | 22:09 |
| Rad 000 | 20.00 | 51:34 | 2:34 | 5 | 15:43 | 5 | 15:43 | 20.55 | 1:07:17 | 3:16 | 5 | 22:09 | 5 | 22:09 |
| Lauf | 5.00 | 26:31 | 5:18 | 3 | 3:34 | 3 | 3:34 | 25.55 | 1:33:48 | 3:40 | 4 | 24:30 | 4 | 24:30 |