



# 7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

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□□□: 2:16:58

□□: Eintracht Frankfurt Triathlon

□□: 1

□□: 49.25 km

Olympische Distanz (1,25-38.0-10,0)

□□□□□/□□□: 8 (of 43)

□□□□□/□: 7 (of 38)

□□□□□□: 2:09:34

□□□□:

Männer AK1

□□□□□: 1(of 1)

□□□□□□□: 2:16:58

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	1.25	22:47	18:13	1	-	9	12:18	1.25	22:47	18:13	1	-	9	12:18
Wechsel S -> R	-	1:52	-	1	-	7	0:24	1.25	24:39	19:43	1	-	5	6:12
Schwimmen □□□	1.25	24:39	19:43	1	-	5	6:12	1.25	24:39	19:43	1	-	5	6:12
Rad netto	38.00	1:07:56	1:47	1	-	17	6:02	39.25	1:32:35	2:21	1	-	10	9:17
Wechsel R -> L	-	1:02	-	1	-	1	-	39.25	1:33:37	2:23	1	-	10	9:00
Rad □□□	38.00	1:08:58	1:48	1	-	14	6:00	39.25	1:33:37	2:23	1	-	10	9:00
Lauf	10.00	43:21	4:20	1	-	3	0:55	49.25	2:16:58	2:46	1	-	7	7:24