



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

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□□□: 2:24:18

□□: Die Durchgeknallten

□□: 11

□□: 49.25 km

Olympische Distanz (1,25-38.0-10,0)

□□□□□/□□□: 15 (of 43)

□□□□□/□: 14 (of 38)

□□□□□□: 2:09:34

□□□□:

Senioren 1 MK40

□□□□□: 3(of 6)

□□□□□□□: 2:13:25

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□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Schwimmen nett | 1.25 | 25:35 | 20:27 | 3 | 1:57 | 18 | 15:06 | 1.25 | 25:35 | 20:27 | 3 | 1:57 | 18 | 15:06 | |
| Wechsel S -> R | - | 2:41 | - | 5 | 0:56 | 26 | 1:13 | 1.25 | 28:16 | 22:36 | 3 | 2:53 | 18 | 9:49 | |
| Schwimmen □□□ | 1.25 | 28:16 | 22:36 | 3 | 2:53 | 18 | 9:49 | 1.25 | 28:16 | 22:36 | 3 | 2:53 | 18 | 9:49 | |
| Rad netto | 38.00 | 1:04:43 | 1:42 | 3 | 1:41 | 8 | 2:49 | 39.25 | 1:32:59 | 2:22 | 3 | 3:35 | 12 | 9:41 | |
| Wechsel R -> L | - | 1:44 | - | 3 | 0:31 | 24 | 0:42 | 39.25 | 1:34:43 | 2:24 | 3 | 4:06 | 12 | 10:06 | |
| Rad □□□ | 38.00 | 1:06:27 | 1:44 | 3 | 2:12 | 9 | 3:29 | 39.25 | 1:34:43 | 2:24 | 3 | 4:06 | 12 | 10:06 | |
| Lauf | 10.00 | 49:35 | 4:57 | 5 | 6:47 | 23 | 7:09 | 49.25 | 2:24:18 | 2:55 | 3 | 10:53 | 14 | 14:44 | |