



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 2:25:23

00: -

00: 41

00: 49.25 km

Olympische Distanz (1,25-38.0-10,0)

00000/000: 16 (of 43)

00000/0: 15 (of 38)

000000: 2:09:34

0000:

Senioren 4 MK55

00000: 3(of 6)

0000000: 2:14:07

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	1.25	28:42	22:57	5	6:51	30	18:13	1.25	28:42	22:57	5	6:51	30	18:13
Wechsel S -> R	-	2:25	-	4	0:30	22	0:57	1.25	31:07	24:53	4	7:21	27	12:40
Schwimmen 000	1.25	31:07	24:53	4	7:21	27	12:40	1.25	31:07	24:53	4	7:21	27	12:40
Rad netto	38.00	1:06:57	1:45	3	1:56	12	5:03	39.25	1:38:04	2:29	3	9:17	19	14:46
Wechsel R -> L	-	1:38	-	4	0:19	21	0:36	39.25	1:39:42	2:32	3	9:36	19	15:05
Rad 000	38.00	1:08:35	1:48	3	2:15	13	5:37	39.25	1:39:42	2:32	3	9:36	19	15:05
Lauf	10.00	45:41	4:34	2	1:40	11	3:15	49.25	2:25:23	2:57	3	11:16	15	15:49