



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 2:27:29

00: SG Kreis Rotenburg

00: 22

00: 49.25 km

Olympische Distanz (1,25-38.0-10,0)

00000/000: 20 (of 43)

00000/0: 19 (of 38)

000000: 2:09:34

0000:

Senioren 2 MK45

00000: 4(of 10)

0000000: 2:18:39

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	24:09	19:19	3	2:46	13	13:40	1.25	24:09	19:19	3	2:46	13	13:40
Wechsel S -> R	-	1:58	-	4	0:15	11	0:30	1.25	26:07	20:53	3	3:01	11	7:40
Schwimmen 000	1.25	26:07	20:53	3	3:01	11	7:40	1.25	26:07	20:53	3	3:01	11	7:40
Rad netto	38.00	1:11:36	1:53	5	9:42	26	9:42	39.25	1:37:43	2:29	4	7:26	17	14:25
Wechsel R -> L	-	1:16	-	3	0:12	8	0:14	39.25	1:38:59	2:31	4	7:30	17	14:22
Rad 000	38.00	1:12:52	1:55	5	9:54	26	9:54	39.25	1:38:59	2:31	4	7:30	17	14:22
Lauf	10.00	48:30	4:50	4	1:23	17	6:04	49.25	2:27:29	2:59	4	8:50	19	17:55