



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 1:49:21

00: TG Hanau

00: 182

00: 37.25 km

Power-Distanz (0,75-29,0-7,5)

00000/000: 9 (of 33)

00000/0: 2 (of 8)

000000: 1:47:43

0000:

Frauen AK2

00000: 1(of 2)

0000000: 1:49:21

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.75	14:43	19:37	2	1:06	2	1:06	0.75	14:43	19:37	2	1:06	2	1:06
Wechsel S -> R	-	2:31	-	2	0:38	6	0:38	0.75	17:14	22:58	2	1:44	4	1:44
Schwimmen 000	0.75	17:14	22:58	2	1:44	4	1:44	0.75	17:14	22:58	2	1:44	4	1:44
Rad netto	29.00	54:19	1:52	2	0:33	4	1:00	29.75	1:11:33	2:24	2	2:17	4	2:17
Wechsel R -> L	-	1:10	-	2	0:02	3	0:13	29.75	1:12:43	2:26	2	2:19	3	2:19
Rad 000	29.00	55:29	1:54	2	0:35	4	0:49	29.75	1:12:43	2:26	2	2:19	3	2:19
Lauf	7.50	36:38	4:53	1	-	2	0:42	37.25	1:49:21	2:56	1	-	2	1:38