



# 7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

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□□□: 2:31:13

□□: Mack Team SF Dornstadt

□□: 35

□□: 49.25 km

Olympische Distanz (1,25-38.0-10,0)

□□□□□/□□□: 22 (of 43)

□□□□□/□: 20 (of 38)

□□□□□□: 2:09:34

□□□□:

Senioren 3 MK50

□□□□□: 4(of 8)

□□□□□□□: 2:09:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	1.25	25:13	20:10	3	14:44	17	14:44	1.25	25:13	20:10	3	14:44	17	14:44
Wechsel S -> R	-	2:40	-	5	1:12	25	1:12	1.25	27:53	22:18	3	9:26	17	9:26
Schwimmen □□□	1.25	27:53	22:18	3	9:26	17	9:26	1.25	27:53	22:18	3	9:26	17	9:26
Rad netto	38.00	1:10:51	1:51	6	8:00	25	8:57	39.25	1:38:44	2:30	4	15:26	20	15:26
Wechsel R -> L	-	1:31	-	2	0:12	16	0:29	39.25	1:40:15	2:33	4	15:38	20	15:38
Rad □□□	38.00	1:12:22	1:54	6	7:59	25	9:24	39.25	1:40:15	2:33	4	15:38	20	15:38
Lauf	10.00	50:58	5:05	6	7:25	24	8:32	49.25	2:31:13	3:04	4	21:39	20	21:39