



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 1:51:50

00: SG Frankfurt-Nied

00: 153

00: 37.25 km

Power-Distanz (0,75-29,0-7,5)

00000/000: 14 (of 33)

00000/0: 12 (of 25)

000000: 1:42:39

0000:

Männer AK2

00000: 2(of 2)

0000000: 1:47:11

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.75	13:41	18:14	1	-	1	-	0.75	13:41	18:14	1	-	1	-
Wechsel S -> R	-	2:21	-	1	-	5	0:40	0.75	16:02	21:22	1	-	1	-
Schwimmen 000	0.75	16:02	21:22	1	-	1	-	0.75	16:02	21:22	1	-	1	-
Rad netto	29.00	52:17	1:48	1	-	8	3:34	29.75	1:08:19	2:17	1	-	2	0:26
Wechsel R -> L	-	1:51	-	1	-	16	0:45	29.75	1:10:10	2:21	1	-	3	1:11
Rad 000	29.00	54:08	1:52	1	-	10	4:16	29.75	1:10:10	2:21	1	-	3	1:11
Lauf	7.50	41:40	5:33	2	11:23	19	11:23	37.25	1:51:50	3:00	2	4:39	12	9:11