



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 2:33:22

00: Helaba BSG Triathlon

00: 32

00: 49.25 km

Olympische Distanz (1,25-38.0-10,0)

00000/000: 24 (of 43)

00000/0: 22 (of 38)

000000: 2:09:34

0000:

Senioren 3 MK50

00000: 6(of 8)

0000000: 2:09:34

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	32:03	25:38	8	21:34	37	21:34	1.25	32:03	25:38	8	21:34	37	21:34
Wechsel S -> R	-	3:10	-	7	1:42	33	1:42	1.25	35:13	28:10	7	16:46	36	16:46
Schwimmen 000	1.25	35:13	28:10	7	16:46	36	16:46	1.25	35:13	28:10	7	16:46	36	16:46
Rad netto	38.00	1:09:47	1:50	5	6:56	23	7:53	39.25	1:45:00	2:40	7	21:42	32	21:42
Wechsel R -> L	-	1:56	-	5	0:37	26	0:54	39.25	1:46:56	2:43	7	22:19	32	22:19
Rad 000	38.00	1:11:43	1:53	5	7:20	23	8:45	39.25	1:46:56	2:43	7	22:19	32	22:19
Lauf	10.00	46:26	4:38	3	2:53	12	4:00	49.25	2:33:22	3:06	6	23:48	22	23:48