



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 2:34:27

00: kein

00: 20

00: 49.25 km

Olympische Distanz (1,25-38.0-10,0)

00000/000: 27 (of 43)

00000/0: 25 (of 38)

000000: 2:09:34

0000:

Senioren 2 MK45

00000: 6(of 10)

0000000: 2:18:39

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	1.25	26:48	21:26	6	5:25	23	16:19	1.25	26:48	21:26	6	5:25	23	16:19
Wechsel S -> R	-	3:01	-	8	1:18	31	1:33	1.25	29:49	23:51	6	6:43	22	11:22
Schwimmen 000	1.25	29:49	23:51	6	6:43	22	11:22	1.25	29:49	23:51	6	6:43	22	11:22
Rad netto	38.00	1:14:28	1:57	7	12:34	31	12:34	39.25	1:44:17	2:39	7	14:00	30	20:59
Wechsel R -> L	-	2:21	-	9	1:17	35	1:19	39.25	1:46:38	2:43	7	15:09	31	22:01
Rad 000	38.00	1:16:49	2:01	7	13:51	31	13:51	39.25	1:46:38	2:43	7	15:09	31	22:01
Lauf	10.00	47:49	4:46	3	0:42	16	5:23	49.25	2:34:27	3:08	6	15:48	25	24:53