



7. VR Bank Charity Triathlon Büdingen

Büdingen / 27.05.2018

0000

000: 1:55:26

00: www.fansf.de

00: 173

00: 37.25 km

Power-Distanz (0,75-29,0-7,5)

00000/000: 21 (of 33)

00000/0: 17 (of 25)

000000: 1:42:39

0000:

Senioren 3 MK50

00000: 5(of 7)

0000000: 1:42:39

0000

0000

000

| 000 | 00 km | 00 00 | 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 | 000 00 | 000 min/km | 00 - | 00 - | 00 0 | 00 0 |
|----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Schwimmen nett | 0.75 | 16:41 | 22:14 | 4 | 2:28 | 13 | 3:00 | 0.75 | 16:41 | 22:14 | 4 | 2:28 | 13 | 3:00 |
| Wechsel S -> R | - | 4:27 | - | 7 | 2:34 | 25 | 2:46 | 0.75 | 21:08 | 28:10 | 6 | 4:17 | 19 | 5:06 |
| Schwimmen 000 | 0.75 | 21:08 | 28:10 | 6 | 4:17 | 19 | 5:06 | 0.75 | 21:08 | 28:10 | 6 | 4:17 | 19 | 5:06 |
| Rad netto | 29.00 | 52:37 | 1:48 | 3 | 3:51 | 11 | 3:54 | 29.75 | 1:13:45 | 2:28 | 5 | 5:52 | 14 | 5:52 |
| Wechsel R -> L | - | 2:53 | - | 7 | 1:47 | 25 | 1:47 | 29.75 | 1:16:38 | 2:34 | 5 | 7:39 | 15 | 7:39 |
| Rad 000 | 29.00 | 55:30 | 1:54 | 3 | 4:34 | 13 | 5:38 | 29.75 | 1:16:38 | 2:34 | 5 | 7:39 | 15 | 7:39 |
| Lauf | 7.50 | 38:48 | 5:10 | 6 | 5:08 | 14 | 8:31 | 37.25 | 1:55:26 | 3:05 | 5 | 12:47 | 17 | 12:47 |