



11. Wartburg-Staffel
Moorgrund Pummpälzsteg / 16.09.2018

□□□□

LTAP1Mä □□□: 4:19:06

□□: LTAP1Mä □□: 9.26 km/h

□□: 30

□□: 40.80 km □□□□: 40.00

VIA SOLUTION Lauf Wartburg-Staffel (4x10,5 km) □□□□: 386 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	34200	00:00	00:00
Ruhlaer Häuschen	8.1	8.1	37757	00:59	00:59
Wartburg	20.7	12.6	42493	02:18	01:18
Ruhlaer Häuschen	33.3	12.6	47093	03:34	01:16
□□	40.8	7.5	13:49	04:19	00:44