



11. Wartburg-Staffel

Moorgrund Pummpälzsteg / 16.09.2018

□□□□

LTAP1Fr

□□□: 5:02:06

□□: LTAP1Fr

□□: 7.94 km/h

□□: 6

□□: 40.80 km

□□□□: 40.00

VIA SOLUTION Lauf Wartburg-Staffel (4x10,5 km) □□□□: 330 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	32400	00:00	00:00
Ruhlaer Häuschen	8.1	8.1	37397	01:23	01:23
Wartburg	20.7	12.6	42551	02:49	01:25
Ruhlaer Häuschen	33.3	12.6	47176	04:06	01:17
□□	40.8	7.5	14:02	05:02	00:55