



11. Wartburg-Staffel

Moorgrund Pumpälzsteg / 16.09.2018

□□□□

X-Runners 1

□□□: 2:55:42

□□: X-Runners 1

□□: 13.66 km/h

□□: 40

□□: 40.80 km

□□□□: 40.00

VIA SOLUTION Lauf Wartburg-Staffel (4x10,5 km) □□□□: 568 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	34200	00:00	00:00
Ruhlaer Häuschen	8.1	8.1	36525	00:38	00:38
Wartburg	20.7	12.6	39626	01:30	00:51
Ruhlaer Häuschen	33.3	12.6	43077	02:27	00:57
□□	40.8	7.5	12:25	02:55	00:27