



11. Wartburg-Staffel  
Moorgrund Pumpälzsteg / 16.09.2018

□□□□

Werratal Runners 1

□□□: 3:01:15

□□: Werratal Runners 1

□□: 13.24 km/h

□□: 46

□□: 40.80 km

□□□□: 40.00

VIA SOLUTION Lauf Wartburg-Staffel (4x10,5 km) □□□□: 551 □

□□□□

□□□	km □□□	km □□	□□	□□□ □□	□□ □□
□□	0	0	34200	00:00	00:00
Ruhlaer Häuschen	8.1	8.1	36418	00:36	00:36
Wartburg	20.7	12.6	39780	01:33	00:56
Ruhlaer Häuschen	33.3	12.6	43168	02:29	00:56
□□	40.8	7.5	12:31	03:01	00:31