



# Weimarer Fröhjahrs-OL, TRL/LM Mittel-OL

Weimar / 24.03.2018

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**Berwing, Dieter**

□□: SV TU Ilmenau

□□□: 38:42

□□□□: 10:11 min/km

□□: 3.80 km / 14 □□

□□□□:

H35 (Herren ab 35)

□□□□□: 3(of 4)

□□□□□□: 28:09

□□: 10:33

□□□□

□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (54)	3:47	4	1:11	45.5	3:47	4	1:11	45.5
2 (56)	2:15	3	0:45	50.0	6:02	3	1:56	47.2
3 (57)	1:50	3	0:23	26.4	7:52	3	2:14	39.6
4 (41)	1:59	3	1:01	105.2	9:51	3	3:15	49.2
5 (42)	0:24	3	0:04	20.0	10:15	3	3:19	47.8
6 (58)	3:49	3	0:55	31.6	14:04	3	4:10	42.1
7 (39)	2:25	3	0:43	42.2	16:29	3	4:40	39.5
8 (60)	2:54	2	0:13	8.1	19:23	3	4:37	31.3
9 (37)	1:39	3	0:32	47.8	21:02	3	5:09	32.4
10 (36)	2:17	3	0:41	42.7	23:19	3	5:50	33.4
11 (61)	4:22	4	1:46	68.0	27:41	3	7:19	35.9
12 (50)	5:09	3	1:22	36.1	32:50	3	8:36	35.5
13 (64)	2:49	3	0:57	50.9	35:39	3	9:33	36.6
14 (100)	2:24	4	0:49	51.6	38:03	3	10:22	37.5
□□	0:39	4	0:11	39.3	38:42	3	10:33	37.5