



# Weimarer Fröhjahrs-OL, TRL/LM Mittel-OL

Weimar / 24.03.2018

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Opitz, Sven

□□: USV Jena

□□□: 44:13

□□□□: 11:38 min/km

□□: 3.80 km / 14 □□

□□□□:

H35 (Herren ab 35)

□□□□□: 4(of 4)

□□□□□□: 28:09

□□: 16:04

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (54)	3:34	3	0:58	37.2	3:34	3	0:58	37.2
2 (56)	3:08	4	1:38	108.9	6:42	4	2:36	63.4
3 (57)	2:01	4	0:34	39.1	8:43	4	3:05	54.7
4 (41)	2:35	4	1:37	167.2	11:18	4	4:42	71.2
5 (42)	0:47	4	0:27	135.0	12:05	4	5:09	74.3
6 (58)	4:37	4	1:43	59.2	16:42	4	6:48	68.7
7 (39)	2:47	4	1:05	63.7	19:29	4	7:40	64.9
8 (60)	3:41	4	1:00	37.3	23:10	4	8:24	56.9
9 (37)	1:57	4	0:50	74.6	25:07	4	9:14	58.1
10 (36)	3:23	4	1:47	111.5	28:30	4	11:01	63.0
11 (61)	4:20	3	1:44	66.7	32:50	4	12:28	61.2
12 (50)	5:45	4	1:58	52.0	38:35	4	14:21	59.2
13 (64)	3:03	4	1:11	63.4	41:38	4	15:32	59.5
14 (100)	2:02	3	0:27	28.4	43:40	4	15:59	57.7
□□	0:33	3	0:05	17.9	44:13	4	16:04	57.1