



Weimarer Frühlings-OL, TRL/LM Mittel-OL

Weimar / 24.03.2018

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Friebe, Marion

□□: USV Jena

□□□: 41:37

□□□□: 13:25 min/km

□□: 3.10 km / 13 □□

□□□□:

D45 (Damen ab 45)

□□□□□: 5(of 11)

□□□□□□□: 36:03

□□: 5:34

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (53)	3:09	2	0:22	13.2	3:09	2	0:22	13.2
2 (54)	3:21	9	1:10	53.4	6:30	4	1:32	30.9
3 (41)	6:07	3	0:40	12.2	12:37	4	1:17	11.3
4 (58)	5:00	2	0:05	1.7	17:37	2	1:21	8.3
5 (44)	2:10	9	0:26	25.0	19:47	3	1:43	9.5
6 (39)	3:13	6	0:51	35.9	23:00	3	2:20	11.3
7 (63)	1:53	5	0:13	13.0	24:53	2	2:27	10.9
8 (38)	2:06	5	0:31	32.6	26:59	2	2:34	10.5
9 (46)	5:19	7	1:14	30.2	32:18	5	3:42	12.9
10 (34)	1:52	9	0:29	34.9	34:10	5	4:07	13.7
11 (33)	1:05	5	0:14	27.5	35:15	5	4:10	13.4
12 (64)	2:30	8	0:43	40.2	37:45	5	4:42	14.2
13 (100)	3:02	9	1:00	49.2	40:47	5	5:24	15.3
□□	0:50	9	0:15	42.9	41:37	5	5:34	15.4