



# Weimarer Frühjahrs-OL, TRL/LM Mittel-OL

Weimar / 24.03.2018

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Lichter, Dorit

□□: USV Jena

□□□: 1:01:07

□□□□: 19:42 min/km

□□: 3.10 km / 13 □□

□□□□:

D45 (Damen ab 45)

□□□□□: 10(of 11)

□□□□□□□: 36:03

□□: 25:04

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (53)	6:24	10	3:37	129.9	6:24	10	3:37	129.9
2 (54)	2:34	5	0:23	17.6	8:58	10	4:00	80.5
3 (41)	11:13	10	5:46	105.8	20:11	10	8:51	78.1
4 (58)	6:52	9	1:57	39.7	27:03	10	10:47	66.3
5 (44)	2:24	10	0:40	38.5	29:27	10	11:23	63.0
6 (39)	5:36	10	3:14	136.6	35:03	10	14:23	69.6
7 (63)	2:35	9	0:55	55.0	37:38	10	15:12	67.8
8 (38)	2:50	9	1:15	79.0	40:28	9	16:03	65.7
9 (46)	6:08	10	2:03	50.2	46:36	9	18:00	62.9
10 (34)	1:48	7	0:25	30.1	48:24	9	18:21	61.1
11 (33)	4:59	10	4:08	486.3	53:23	9	22:18	71.7
12 (64)	4:07	10	2:20	130.8	57:30	10	24:27	74.0
13 (100)	2:19	3	0:17	13.9	59:49	9	24:26	69.1
□□	1:18	10	0:43	122.9	1:01:07	10	25:04	69.5