



Weimarer Fröhjahrs-OL, TRL/LM Mittel-OL

Weimar / 24.03.2018

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Rathmann, Jens

□□: SV Schmalkalden 04

□□□: 45:16

□□□□: 11:54 min/km

□□: 3.80 km / 14 □□

□□□□:

H45 (Herren ab 45)

□□□□□: 10(of 12)

□□□□□□□: 28:18

□□: 16:58

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (54)	4:24	9	1:52	73.7	4:24	9	1:52	73.7
2 (56)	2:54	8	1:01	54.0	7:18	9	2:41	58.1
3 (57)	3:09	11	1:50	139.2	10:27	9	3:54	59.5
4 (41)	2:14	10	1:18	139.3	12:41	8	5:12	69.5
5 (42)	0:31	7	0:12	63.2	13:12	8	5:21	68.2
6 (58)	4:03	6	1:25	53.8	17:15	8	6:46	64.6
7 (39)	2:21	7	0:39	38.2	19:36	8	7:25	60.9
8 (60)	5:20	12	3:35	204.8	24:56	8	11:00	79.0
9 (37)	2:09	10	0:55	74.3	27:05	8	11:49	77.4
10 (36)	3:01	12	1:29	96.7	30:06	9	13:09	77.6
11 (61)	3:45	6	0:43	23.6	33:51	9	13:51	69.3
12 (50)	5:31	9	1:53	51.8	39:22	9	15:14	63.1
13 (64)	3:06	10	1:12	63.2	42:28	10	16:22	62.7
14 (100)	2:11	8	0:49	59.8	44:39	10	16:52	60.7
□□	0:37	8	0:13	54.2	45:16	10	16:58	60.0