



Weimarer Fröhjahrs-OL, TRL/LM Mittel-OL

Weimar / 24.03.2018

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Bantel, Michael

□□: ESV Lok Dessau

□□□: 31:00

□□□□: 10:00 min/km

□□: 3.10 km / 13 □□

□□□□:

H55 (Herren ab 55)

□□□□□: 3(of 12)

□□□□□□: 28:28

□□: 2:32

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (53)	3:04	8	1:05	54.6	3:04	8	1:05	54.6
2 (54)	2:01	5	0:26	27.4	5:05	7	1:31	42.5
3 (41)	5:53	9	2:10	58.3	10:58	10	3:18	43.0
4 (58)	3:27	1	-	-	14:25	5	2:18	19.0
5 (44)	1:24	4	0:11	15.1	15:49	5	2:25	18.0
6 (39)	2:07	4	0:04	3.3	17:56	4	2:29	16.1
7 (63)	1:21	3	0:14	20.9	19:17	3	2:34	15.4
8 (38)	1:27	2	0:05	6.1	20:44	3	1:44	9.1
9 (46)	3:56	7	0:46	24.2	24:40	3	1:56	8.5
10 (34)	1:20	5	0:11	15.9	26:00	3	2:01	8.4
11 (33)	0:46	2	0:04	9.5	26:46	3	1:59	8.0
12 (64)	1:42	6	1:00	142.9	28:28	3	2:07	8.0
13 (100)	1:57	7	0:20	20.6	30:25	3	2:27	8.8
□□	0:35	6	0:07	25.0	31:00	3	2:32	8.9