



Weimarer Fröhjahrs-OL, TRL/LM Mittel-OL

Weimar / 24.03.2018

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Bader, Gerhard

□□: ESV Lok Magdeburg

□□□: 44:36

□□□□: 14:23 min/km

□□: 3.10 km / 13 □□

□□□□:

H55 (Herren ab 55)

□□□□□: 9(of 12)

□□□□□□: 28:28

□□: 16:08

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	□□	-	-	%	□□	-	-	%
1 (53)	6:16	12	4:17	216.0	6:16	12	4:17	216.0
2 (54)	2:32	11	0:57	60.0	8:48	12	5:14	146.7
3 (41)	7:12	12	3:29	93.7	16:00	12	8:20	108.7
4 (58)	5:37	11	2:10	62.8	21:37	11	9:30	78.4
5 (44)	2:04	11	0:51	69.9	23:41	11	10:17	76.7
6 (39)	2:55	11	0:52	42.3	26:36	10	11:09	72.2
7 (63)	1:47	9	0:40	59.7	28:23	9	11:40	69.8
8 (38)	1:56	9	0:34	41.5	30:19	9	11:19	59.6
9 (46)	4:53	11	1:43	54.2	35:12	9	12:28	54.8
10 (34)	1:47	11	0:38	55.1	36:59	8	13:00	54.2
11 (33)	1:12	9	0:30	71.4	38:11	8	13:24	54.1
12 (64)	3:03	12	2:21	335.7	41:14	9	14:53	56.5
13 (100)	2:35	12	0:58	59.8	43:49	9	15:51	56.7
□□	0:47	11	0:19	67.9	44:36	9	16:08	56.7