



Weimarer Fröhjahrs-OL, TRL/LM Mittel-OL

Weimar / 24.03.2018

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Kaminsky, Jan

□□: BSV Halle-Ammendorf

□□□: 38:57

□□□□: 7:47 min/km

□□: 5.00 km / 18 □□

□□□□:

H21 (Herren ab 21 A)

□□□□□: 4(of 9)

□□□□□□□: 27:52

□□: 11:05

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□□	□□ □□	□□ -	□□ -	□□ %	□□□ □□	□□ -	□□ -	□□ %
1 (31)	2:59	5	0:44	32.6	2:59	5	0:44	32.6
2 (32)	1:00	6	0:24	66.7	3:59	5	1:02	35.0
3 (33)	3:16	6	1:06	50.8	7:15	5	2:08	41.7
4 (34)	0:55	8	0:17	44.7	8:10	5	2:20	40.0
5 (35)	3:50	6	1:15	48.4	12:00	6	3:35	42.6
6 (36)	3:29	5	0:46	28.2	15:29	6	4:21	39.1
7 (37)	2:36	6	1:14	90.2	18:05	6	5:35	44.7
8 (38)	1:45	6	0:29	38.2	19:50	6	6:04	44.1
9 (39)	2:30	4	0:34	29.3	22:20	4	6:38	42.3
10 (40)	2:23	6	0:38	36.2	24:43	4	7:15	41.5
11 (41)	3:10	5	0:59	45.0	27:53	4	8:14	41.9
12 (42)	0:30	6	0:12	66.7	28:23	4	8:18	41.3
13 (43)	2:08	4	0:34	36.2	30:31	4	8:52	41.0
14 (44)	1:57	5	0:33	39.3	32:28	4	9:25	40.9
15 (45)	1:37	6	0:23	31.1	34:05	4	9:47	40.3
16 (46)	2:15	5	0:39	40.6	36:20	4	10:26	40.3
17 (52)	1:08	5	0:18	36.0	37:28	4	10:44	40.2
18 (100)	0:58	5	0:14	31.8	38:26	4	10:58	39.9
□□	0:31	5	0:08	34.8	38:57	4	11:05	39.8