



16. Asklepios Tritrekk
Bad Salzungen, Burgsee / 04.08.2019

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Pohlers/Pohlers, Matthias/Christel

000: 1:29:17

00: Erfurt

00: 10.08 km/h

00: 92

00: 15.50 km

00000/000: 4 (of 6)

Nordic Walking

00000/000: 2 (of 3)

000000: 1:27:10

0000:

00000: 2(of 3)

Mix

0000000: 1:27:10

0000

0000

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|------------|------|--------|-------|----|------|-----|------|-------|---------|-------|----|----|-----|-----|
| | km | 00 | km/h | - | - | 000 | 000 | km | 00 | km/h | - | - | 000 | 000 |
| Ziel Kanu | 1.30 | 9:38 | 6.23 | 1 | - | 1 | - | 1.30 | 9:38 | 6.23 | 1 | - | 1 | - |
| Start Rad | 1.00 | fehlt! | - | - | - | - | - | 2.30 | - | - | - | - | - | - |
| Ziel Rad | 6.00 | 27:38 | 13.03 | 1 | - | 1 | - | 8.30 | 37:16 | 12.88 | 4 | - | 4 | - |
| Start Lauf | 1.00 | fehlt! | - | - | - | - | - | 9.30 | - | - | - | - | - | - |
| Ziel Lauf | 6.20 | 52:01 | 6.92 | 3 | 5:54 | 3 | 5:54 | 15.50 | 1:29:17 | 10.08 | 4 | - | 4 | - |
| Ziel | - | fehlt! | - | - | - | - | - | 15.50 | - | - | 2 | - | 2 | - |