



bewegungsWELT bike-marathon
 Arnstadt (Marktplatz) / 29.09.2019

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Jurkschat, Wolf

□□: Rennsteiglaufverein
 □□: 601

□□: 54.00 km
 Ambitioniert

□□□□:
 Senioren II

□□□: 2:38:46

□□: 20.41 km/h

□□□□□/□□□: 7 (of 52)

□□□□□/□: 7 (of 50)

□□□□□□: 2:21:39

□□□□□: 2(of 22)

□□□□□□□: 2:30:01

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
K3 - Schleife A	5.50	14:52	20.18	4	1:09	13	1:10	5.50	14:52	20.18	4	1:09	13	1:10
K2 Runde	6.50	19:17	18.67	2	0:33	7	1:28	12.00	34:09	21.08	4	1:42	10	2:38
K5 - Schleife B 1	8.00	25:36	18.75	4	2:05	11	3:15	20.00	59:45	20.08	4	3:47	10	5:52
K6 - Schleife B 2	3.00	10:56	16.46	2	0:37	5	1:03	23.00	1:10:41	19.52	4	4:24	10	6:54
K7 - Schleife B 3	3.00	4:39	38.71	3	0:11	9	0:24	26.00	1:15:20	20.71	4	4:25	10	7:18
K2 Runde	7.00	20:56	20.06	3	0:55	8	2:18	33.00	1:36:16	20.57	4	5:20	10	9:36
K5 - Schleife B 1	8.00	25:59	18.47	3	1:43	8	3:08	41.00	2:02:15	20.12	4	7:03	10	12:40
K6 - Schleife B 2	3.00	11:01	16.34	3	0:41	6	1:06	44.00	2:13:16	19.81	3	7:44	8	13:46
K7 - Schleife B 3	3.00	4:41	38.43	1	-	6	0:25	47.00	2:17:57	20.44	3	7:39	8	14:11
Marktplatz	7.00	20:49	20.18	2	1:06	6	2:56	54.00	2:38:46	20.41	2	8:45	7	17:07