



bewegungsWELT bike-marathon

Arnstadt (Marktplatz) / 29.09.2019

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Macholdt, Christian

□□□: 3:06:28

□□: Jena

□□: 17.38 km/h

□□: 517

□□: 54.00 km

□□□□□/□□□: 24 (of 52)

Ambitioniert

□□□□□/□: 24 (of 50)

□□□□□□: 2:21:39

□□□□:

□□□□□: 10(of 22)

Senioren II

□□□□□□□: 2:30:01

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
K3 - Schleife A	5.50	16:37	18.05	10	2:54	25	2:55	5.50	16:37	18.05	10	2:54	25	2:55
K2 Runde	6.50	21:53	16.45	9	3:09	24	4:04	12.00	38:30	18.70	9	6:03	23	6:59
K5 - Schleife B 1	8.00	28:23	16.91	10	4:52	25	6:02	20.00	1:06:53	17.94	9	10:55	24	13:00
K6 - Schleife B 2	3.00	13:22	13.47	15	3:03	34	3:29	23.00	1:20:15	17.20	9	13:58	25	16:28
K7 - Schleife B 3	3.00	4:56	36.49	7	0:28	18	0:41	26.00	1:25:11	18.31	9	14:16	24	17:09
K2 Runde	7.00	24:04	17.45	8	4:03	22	5:26	33.00	1:49:15	18.12	10	18:19	23	22:35
K5 - Schleife B 1	8.00	32:43	14.67	15	8:27	33	9:52	41.00	2:21:58	17.33	10	26:46	24	32:23
K6 - Schleife B 2	3.00	14:31	12.40	14	4:11	31	4:36	44.00	2:36:29	16.87	12	30:57	28	36:59
K7 - Schleife B 3	3.00	5:06	35.29	8	0:25	19	0:50	47.00	2:41:35	17.45	12	31:17	28	37:49
Marktplatz	7.00	24:53	16.88	8	5:10	20	7:00	54.00	3:06:28	17.38	10	36:27	24	44:49