



bewegungsWELT bike-marathon

Arnstadt (Marktplatz) / 29.09.2019

0000

Zentgraf, René

000: 3:10:11

00: 17.04 km/h

00: 620

00: 54.00 km

Ambitioniert

00000/000: 30 (of 52)

00000/0: 30 (of 50)

000000: 2:21:39

0000:

Senioren II

00000: 13(of 22)

0000000: 2:30:01

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
K3 - Schleife A	5.50	18:04	16.61	18	4:21	39	4:22	5.50	18:04	16.61	18	4:21	39	4:22
K2 Runde	6.50	23:14	15.49	15	4:30	32	5:25	12.00	41:18	17.43	16	8:51	36	9:47
K5 - Schleife B 1	8.00	28:57	16.58	13	5:26	31	6:36	20.00	1:10:15	17.08	14	14:17	33	16:22
K6 - Schleife B 2	3.00	14:08	12.74	17	3:49	36	4:15	23.00	1:24:23	16.35	14	18:06	33	20:36
K7 - Schleife B 3	3.00	5:17	34.07	16	0:49	35	1:02	26.00	1:29:40	17.40	14	18:45	32	21:38
K2 Runde	7.00	26:05	16.10	17	6:04	36	7:27	33.00	1:55:45	17.11	14	24:49	32	29:05
K5 - Schleife B 1	8.00	30:31	15.73	10	6:15	25	7:40	41.00	2:26:16	16.82	13	31:04	30	36:41
K6 - Schleife B 2	3.00	13:02	13.81	6	2:42	17	3:07	44.00	2:39:18	16.57	13	33:46	30	39:48
K7 - Schleife B 3	3.00	5:26	33.13	13	0:45	30	1:10	47.00	2:44:44	17.12	13	34:26	30	40:58
Marktplatz	7.00	25:27	16.50	10	5:44	23	7:34	54.00	3:10:11	17.04	13	40:10	30	48:32