



bewegungswELT bike-marathon

Arnstadt (Marktplatz) / 29.09.2019

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Brock, Ronny

□□: Schleusingen

□□: 507

□□: 54.00 km

Ambitioniert

□□□□:

Senioren II

□□□: 3:20:32

□□: 16.16 km/h

□□□□□/□□□: 36 (of 52)

□□□□□/□: 36 (of 50)

□□□□□□: 2:21:39

□□□□□: 17(of 22)

□□□□□□□: 2:30:01

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
K3 - Schleife A	5.50	17:35	17.06	16	3:52	34	3:53	5.50	17:35	17.06	16	3:52	34	3:53
K2 Runde	6.50	23:14	15.49	15	4:30	32	5:25	12.00	40:49	17.64	15	8:22	33	9:18
K5 - Schleife B 1	8.00	30:41	15.64	18	7:10	39	8:20	20.00	1:11:30	16.78	17	15:32	37	17:37
K6 - Schleife B 2	3.00	14:08	12.74	17	3:49	36	4:15	23.00	1:25:38	16.12	17	19:21	36	21:51
K7 - Schleife B 3	3.00	5:26	33.13	19	0:58	41	1:11	26.00	1:31:04	17.13	17	20:09	35	23:02
K2 Runde	7.00	26:50	15.65	20	6:49	43	8:12	33.00	1:57:54	16.79	17	26:58	36	31:14
K5 - Schleife B 1	8.00	33:24	14.37	17	9:08	35	10:33	41.00	2:31:18	16.26	17	36:06	37	41:43
K6 - Schleife B 2	3.00	14:46	12.19	15	4:26	32	4:51	44.00	2:46:04	15.90	17	40:32	36	46:34
K7 - Schleife B 3	3.00	5:30	32.73	16	0:49	35	1:14	47.00	2:51:34	16.44	17	41:16	36	47:48
Marktplatz	7.00	28:58	14.50	20	9:15	43	11:05	54.00	3:20:32	16.16	17	50:31	36	58:53