



bewegungsWELT bike-marathon

Arnstadt (Marktplatz) / 29.09.2019

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Bönisch, Matthias

□□□: 3:31:17

□□: Leipzig

□□: 15.33 km/h

□□: 504

□□: 54.00 km

□□□□□/□□□: 44 (of 52)

Ambitioniert

□□□□□/□: 43 (of 50)

□□□□□□: 2:21:39

□□□□:

□□□□□: 17(of 22)

Senioren I

□□□□□□□: 2:29:19

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
K3 - Schleife A	5.50	17:48	16.85	14	4:02	36	4:06	5.50	17:48	16.85	14	4:02	36	4:06
K2 Runde	6.50	23:25	15.37	14	5:00	36	5:36	12.00	41:13	17.47	14	9:02	34	9:42
K5 - Schleife B 1	8.00	30:10	15.91	15	6:46	37	7:49	20.00	1:11:23	16.81	15	15:48	36	17:30
K6 - Schleife B 2	3.00	14:25	12.49	17	4:12	43	4:32	23.00	1:25:48	16.08	15	20:00	37	22:01
K7 - Schleife B 3	3.00	5:58	30.17	20	1:31	48	1:43	26.00	1:31:46	17.00	15	21:31	37	23:44
K2 Runde	7.00	28:42	14.63	20	8:44	47	10:04	33.00	2:00:28	16.44	16	30:15	38	33:48
K5 - Schleife B 1	8.00	36:26	13.17	18	12:09	44	13:35	41.00	2:36:54	15.68	17	42:24	41	47:19
K6 - Schleife B 2	3.00	17:22	10.36	20	7:04	47	7:27	44.00	2:54:16	15.15	17	49:28	43	54:46
K7 - Schleife B 3	3.00	6:44	26.73	20	2:16	47	2:28	47.00	3:01:00	15.58	17	51:44	43	57:14
Marktplatz	7.00	30:17	13.87	18	10:14	45	12:24	54.00	3:31:17	15.33	17	1:01:58	43	1:09:38