



bewegungsWELT bike-marathon

Arnstadt (Marktplatz) / 29.09.2019

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Bönisch, Stefan

□□: Leipzig

□□: 505

□□: 54.00 km

Ambitioniert

□□□□:

Senioren I

□□□: 3:40:23

□□: 14.70 km/h

□□□□□/□□□: 48 (of 52)

□□□□□/□: 47 (of 50)

□□□□□□: 2:21:39

□□□□□: 20(of 22)

□□□□□□□: 2:29:19

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
K3 - Schleife A	5.50	18:21	16.35	18	4:35	43	4:39	5.50	18:21	16.35	18	4:35	43	4:39
K2 Runde	6.50	25:57	13.87	20	7:32	45	8:08	12.00	44:18	16.25	18	12:07	43	12:47
K5 - Schleife B 1	8.00	32:25	14.81	18	9:01	44	10:04	20.00	1:16:43	15.64	18	21:08	43	22:50
K6 - Schleife B 2	3.00	14:41	12.26	18	4:28	44	4:48	23.00	1:31:24	15.10	18	25:36	43	27:37
K7 - Schleife B 3	3.00	5:47	31.12	19	1:20	46	1:32	26.00	1:37:11	16.05	17	26:56	42	29:09
K2 Runde	7.00	29:57	14.02	21	9:59	49	11:19	33.00	2:07:08	15.57	18	36:55	46	40:28
K5 - Schleife B 1	8.00	38:57	12.32	20	14:40	47	16:06	41.00	2:46:05	14.81	20	51:35	47	56:30
K6 - Schleife B 2	3.00	17:09	10.50	19	6:51	46	7:14	44.00	3:03:14	14.41	20	58:26	47	1:03:44
K7 - Schleife B 3	3.00	6:23	28.20	19	1:55	46	2:07	47.00	3:09:37	14.87	20	1:00:21	47	1:05:51
Marktplatz	7.00	30:46	13.65	19	10:43	46	12:53	54.00	3:40:23	14.70	20	1:11:04	47	1:18:44