



bewegungsWELT bike-marathon

Arnstadt (Marktplatz) / 29.09.2019

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Hempel, Andreas

□□: RSV Adler Arnstadt

□□: 513

□□: 54.00 km

Ambitioniert

□□□□:

Senioren II

□□□: 3:50:08

□□: 14.08 km/h

□□□□□/□□□: 51 (of 52)

□□□□□/□: 49 (of 50)

□□□□□□: 2:21:39

□□□□□: 22(of 22)

□□□□□□□: 2:30:01

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
K3 - Schleife A	5.50	17:46	16.89	17	4:03	35	4:04	5.50	17:46	16.89	17	4:03	35	4:04
K2 Runde	6.50	24:40	14.59	18	5:56	40	6:51	12.00	42:26	16.97	18	9:59	40	10:55
K5 - Schleife B 1	8.00	33:15	14.44	22	9:44	46	10:54	20.00	1:15:41	15.86	18	19:43	41	21:48
K6 - Schleife B 2	3.00	15:42	11.46	22	5:23	48	5:49	23.00	1:31:23	15.10	19	25:06	42	27:36
K7 - Schleife B 3	3.00	5:12	34.62	12	0:44	30	0:57	26.00	1:36:35	16.15	19	25:40	41	28:33
K2 Runde	7.00	29:26	14.27	22	9:25	48	10:48	33.00	2:06:01	15.71	22	35:05	45	39:21
K5 - Schleife B 1	8.00	41:40	11.52	22	17:24	49	18:49	41.00	2:47:41	14.67	22	52:29	48	58:06
K6 - Schleife B 2	3.00	20:48	8.65	22	10:28	49	10:53	44.00	3:08:29	14.01	22	1:02:57	49	1:08:59
K7 - Schleife B 3	3.00	5:39	31.86	19	0:58	41	1:23	47.00	3:14:08	14.53	22	1:03:50	49	1:10:22
Marktplatz	7.00	36:00	11.67	22	16:17	50	18:07	54.00	3:50:08	14.08	22	1:20:07	49	1:28:29