



bewegungsWELT bike-marathon

Arnstadt (Marktplatz) / 29.09.2019

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Schlichting, Holm

00: Nordhausen

00: 592

00: 75.00 km

Expert

0000:

Senioren II

000: 3:56:28

00: 19.03 km/h

00000/000: 7 (of 18)

00000/0: 7 (of 16)

000000: 3:18:26

00000: 2(of 6)

0000000: 3:42:54

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
K3 - Schleife A	5.50	16:08	18.60	6	1:18	15	2:26	5.50	16:08	18.60	6	1:18	15	2:26
K2 Runde	6.50	20:44	17.36	3	1:11	9	2:56	12.00	36:52	19.53	5	2:29	12	5:18
K5 - Schleife B 1	8.00	24:53	19.29	2	0:39	7	2:34	20.00	1:01:45	19.43	2	3:08	7	7:51
K6 - Schleife B 2	3.00	11:27	15.72	3	0:24	8	1:34	23.00	1:13:12	18.85	2	3:32	7	9:25
K7 - Schleife B 3	3.00	4:59	36.12	3	0:25	10	0:43	26.00	1:18:11	19.95	2	3:57	7	10:08
K2 Runde	7.00	20:58	20.03	1	-	5	2:22	33.00	1:39:09	19.97	2	3:14	7	12:28
K5 - Schleife B 1	8.00	29:40	16.18	5	3:43	12	6:48	41.00	2:08:49	19.10	2	6:57	7	19:15
K6 - Schleife B 2	3.00	12:32	14.36	3	1:14	9	2:36	44.00	2:21:21	18.68	3	8:11	8	21:50
K7 - Schleife B 3	3.00	5:11	34.73	4	0:31	10	0:56	47.00	2:26:32	19.24	3	8:42	8	22:46
K2 Runde	7.00	23:04	18.21	2	1:08	7	4:58	54.00	2:49:36	19.10	2	9:50	7	27:43
K5 - Schleife B 1	8.00	27:41	17.34	2	2:02	6	4:41	62.00	3:17:17	18.86	2	11:52	7	32:22
K6 - Schleife B 2	3.00	11:39	15.45	2	0:09	5	1:30	65.00	3:28:56	18.67	2	12:01	7	33:52
K7 - Schleife B 3	3.00	5:10	34.84	3	0:38	9	0:47	68.00	3:34:06	19.06	2	12:39	7	34:39
Marktplatz	7.00	22:22	18.78	2	0:55	6	3:24	75.00	3:56:28	19.03	2	13:34	7	38:02