



49. Brockenlauf

Ilseburg / 07.09.2019

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Elezovic, Tanja

□□: Laufclub Blueliner
 □□: 634

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W40 (40-44 Jahre)

□□□: 3:24:11

□□: 7.64 km/h
 □□□□: 7:47 min/km

□□□□□/□□□: 531 (of 581)

□□□□□/□: 86 (of 106)

□□□□□□: 2:08:56

□□□□□: 9(of 11)

□□□□□□□: 2:13:53

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	23:01	6:58	9	7:04	71	7:13	3.30	23:01	6:58	9	7:04	71	7:13
Schlüsie	3.10	26:02	8:23	9	8:27	75	9:27	6.40	49:03	7:39	9	15:31	73	16:35
Hermannsklippe	2.60	24:28	9:24	9	9:03	82	9:53	9.00	1:13:31	8:10	9	24:34	79	26:28
Brocken	3.10	39:42	12:48	9	14:14	84	15:33	12.10	1:53:13	9:21	9	38:48	82	41:54
Eiserner Handwe	3.60	21:52	6:04	7	4:58	50	6:40	15.70	2:15:05	8:36	9	43:46	75	48:34
Schlüsie	4.10	22:09	5:24	8	6:07	60	7:03	19.80	2:37:14	7:56	8	49:53	72	55:37
Loddenke	3.10	21:12	6:50	11	8:40	98	9:05	22.90	2:58:26	7:47	9	58:33	80	1:04:42
Ilseburg/Markt	3.30	25:45	7:48	11	11:45	103	11:45	26.20	3:24:11	7:47	9	1:10:18	86	1:15:15