



49. Brockenlauf

Ilseburg / 07.09.2019

□□□□

Geisler, Gabriele Johanna

□□: Weserpeser

□□: 161

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W65 (65-69 Jahre)

□□□: 3:54:48

□□: 6.70 km/h

□□□□: 8:58 min/km

□□□□□/□□□: 571 (of 581)

□□□□□/□: 103 (of 106)

□□□□□□: 2:08:56

□□□□□: 5(of 5)

□□□□□□□: 2:51:58

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	28:01	8:29	5	7:00	102	12:13	3.30	28:01	8:29	5	7:00	102	12:13	
Schlüsie	3.10	30:40	9:53	5	7:29	101	14:05	6.40	58:41	9:10	5	14:15	101	26:13	
Hermannsklippe	2.60	28:22	10:54	5	7:19	103	13:47	9.00	1:27:03	9:40	5	21:34	104	40:00	
Brocken	3.10	48:47	15:44	5	16:07	105	24:38	12.10	2:15:50	11:13	5	35:37	105	1:04:31	
Eiserner Handwe	3.60	26:23	7:19	5	6:41	91	11:11	15.70	2:42:13	10:19	5	41:27	104	1:15:42	
Schlüsie	4.10	26:58	6:34	5	7:46	95	11:52	19.80	3:09:11	9:33	5	48:35	104	1:27:34	
Loddenke	3.10	21:11	6:49	5	6:20	97	9:04	22.90	3:30:22	9:11	5	54:48	104	1:36:38	
Ilseburg/Markt	3.30	24:26	7:24	5	8:02	99	10:26	26.20	3:54:48	8:57	5	1:02:50	103	1:45:52	