



Hoppstock, Florian

□□: 842

□□: 9.60 km 9,6 km - Lauf

Männer (20-29 Jahre)

□□□: 46:52

□□: 11.52 km/h

□□□□: 4:53 min/km

_____: 33 (of 210)

____/_: 30 (of 132)

[][][]: 33:33

____: 7(of 17)

_____: 33:33

	km		min/km	-	-			km		min/km	-	-		
Ilsestein	4.10	22:02	5:22	5	5:42	16	5:42	4.10	22:02	5:22	5	5:42	16	5:42
Loddenke	2.20	10:21	4:42	10	3:36	63	3:36	6.30	32:23	5:08	5	9:16	24	9:16
llsenburg/Markt	3.30	14:29	4:23	10	4:03	40	4:03	9.60	46:52	4:52	7	13:19	30	13:19