



49. Brockenlauf

Ilseburg / 07.09.2019

MeiBner, Jens

Naunhof

334

26.20 km
26,2 km - Lauf

Senioren M50 (50-54 Jahre)

2:27:21

10.67 km/h
5:37 min/km

162 (of 581)

157 (of 475)

1:39:32

24(of 77)

1:59:26

Ranking

Ranking

Rank

Rank	km	Rank	min/km	-	-	Rank	Rank	Rank	Rank	min/km	-	-	Rank	Rank
Loddenke	3.30	17:35	5:19	16	3:39	120	4:31	3.30	17:35	5:19	16	3:39	120	4:31
Schlüsle	3.10	19:00	6:07	24	3:32	135	5:22	6.40	36:35	5:42	24	7:11	130	9:52
Hermannsklippe	2.60	16:41	6:25	22	3:10	136	5:17	9.00	53:16	5:55	24	10:12	138	15:09
Brocken	3.10	27:43	8:56	24	6:15	149	9:40	12.10	1:20:59	6:41	22	16:27	129	24:49
Eiserner Handwe	3.60	17:42	4:54	26	3:17	159	5:50	15.70	1:38:41	6:17	22	18:59	132	30:39
Schlüsle	4.10	17:56	4:22	35	3:49	222	6:22	19.80	1:56:37	5:53	23	22:13	141	37:01
Loddenke	3.10	14:32	4:41	37	2:52	219	5:13	22.90	2:11:09	5:43	23	24:52	150	42:14
Ilseburg/Markt	3.30	16:12	4:54	40	3:10	233	5:35	26.20	2:27:21	5:37	24	27:55	157	47:49