



# 49. Brockenlauf

Ilseburg / 07.09.2019

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**Klimpke, Susan**

□□: TV Rennerod Run for Fun  
 □□: 259

□□: 26.20 km  
 26,2 km - Lauf

□□□□:  
 Seniorinnen W40 (40-44 Jahre)

□□□: 2:30:22

□□: 10.37 km/h  
 □□□□: 5:44 min/km

□□□□□/□□□: 193 (of 581)

□□□□□/□: 8 (of 106)

□□□□□□: 2:08:56

□□□□□: 2(of 11)

□□□□□□□: 2:13:53

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□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| Loddenke        | 3.30     | 18:27    | 5:35         | 2       | 2:30    | 7       | 2:39    | 3.30  | 18:27     | 5:35      | 2             | 2:30    | 7       | 2:39    |         |
| Schlüsie        | 3.10     | 19:27    | 6:16         | 2       | 1:52    | 6       | 2:52    | 6.40  | 37:54     | 5:55      | 2             | 4:22    | 6       | 5:26    |         |
| Hermannsklippe  | 2.60     | 17:21    | 6:40         | 2       | 1:56    | 6       | 2:46    | 9.00  | 55:15     | 6:08      | 2             | 6:18    | 6       | 8:12    |         |
| Brocken         | 3.10     | 31:04    | 10:01        | 2       | 5:36    | 14      | 6:55    | 12.10 | 1:26:19   | 7:08      | 2             | 11:54   | 10      | 15:00   |         |
| Eiserner Handwe | 3.60     | 17:44    | 4:55         | 2       | 0:50    | 8       | 2:32    | 15.70 | 1:44:03   | 6:37      | 2             | 12:44   | 9       | 17:32   |         |
| Schlüsie        | 4.10     | 17:11    | 4:11         | 2       | 1:09    | 7       | 2:05    | 19.80 | 2:01:14   | 6:07      | 2             | 13:53   | 8       | 19:37   |         |
| Loddenke        | 3.10     | 13:40    | 4:24         | 2       | 1:08    | 8       | 1:33    | 22.90 | 2:14:54   | 5:53      | 2             | 15:01   | 8       | 21:10   |         |
| Ilseburg/Markt  | 3.30     | 15:28    | 4:41         | 2       | 1:28    | 8       | 1:28    | 26.20 | 2:30:22   | 5:44      | 2             | 16:29   | 8       | 21:26   |         |