



49. Brockenlauf

Ilseburg / 07.09.2019

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Eggert, Irmgard

□□: DAV Wernigerode

□□: 123

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W65 (65-69 Jahre)

□□□: 2:51:58

□□: 9.07 km/h

□□□□: 6:34 min/km

□□□□□/□□□: 371 (of 581)

□□□□□/□: 34 (of 106)

□□□□□□: 2:08:56

□□□□□: 1(of 5)

□□□□□□□: 2:51:58

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:01	6:22	1	-	37	5:13	3.30	21:01	6:22	1	-	37	5:13
Schlüsie	3.10	24:25	7:52	3	1:14	61	7:50	6.40	45:26	7:05	2	1:00	47	12:58
Hermannsklippe	2.60	21:47	8:22	3	0:44	52	7:12	9.00	1:07:13	7:28	2	1:44	49	20:10
Brocken	3.10	33:51	10:55	2	1:11	33	9:42	12.10	1:41:04	8:21	2	0:51	47	29:45
Eiserner Handwe	3.60	19:42	5:28	1	-	26	4:30	15.70	2:00:46	7:41	1	-	41	34:15
Schlüsie	4.10	19:50	4:50	3	0:38	41	4:44	19.80	2:20:36	7:06	1	-	40	38:59
Loddenke	3.10	14:58	4:49	2	0:07	26	2:51	22.90	2:35:34	6:47	1	-	37	41:50
Ilseburg/Markt	3.30	16:24	4:58	1	-	19	2:24	26.20	2:51:58	6:33	1	-	34	43:02